

Years 3 and 4: Tuesday, March 31

TASK 1: LITERACY

Approx: 45 mins

Reading – Kids News website

Note to Parents/Guardians:

Your child will need access to a device to access the Kids News website – a free educational news website written for kids and categorised into 3 levels of reading and complexity, Green (easy), Orange (medium), Red (complex themes or reading).

Activity:

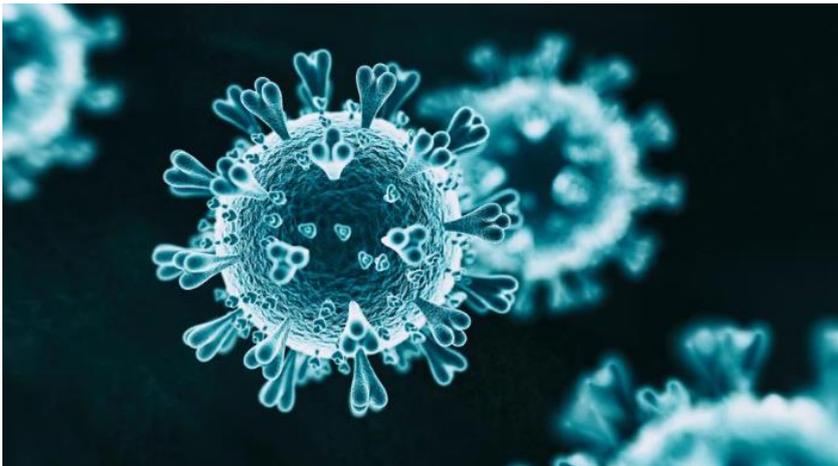
Go to www.kidsnews.com.au and scan the most recent stories. Choose 2 recent news stories that interest you. Read each article one at a time (you can also listen to it via audio) and look up the glossary to help you understand any words you are unsure of. Complete the Quick Quiz for each article and choose one of the activities to complete. Summarise what you read to an adult or older sibling, expressing your own opinion on the articles.

Curriculum Links:

English – Literacy – Interpreting, analysing, evaluating

Year 3: Read an increasing range of different types of texts by combining contextual, semantic, grammatical and phonic knowledge, using text processing strategies, for example monitoring, predicting, confirming, rereading, reading on and self-correcting.

Year 4: Read different types of texts by combining contextual, semantic, grammatical and phonic knowledge using text processing strategies for example monitoring meaning, cross checking and reviewing.



TASK 2: LITERACY

Approx: 45 mins

Writing – Poetry

Note to Parents/Guardians:

Let your child choose a topic of interest to them to make this task meaningful.

Activity:

You are to construct an Acrostic poem on a topic of interest currently in the news. The most obvious one would probably be the COVID-19 virus, however you might want to choose the topic from the *Kids News* articles at kidsnews.com.au, or look online or a recent newspaper to look up other topics.

Your topic word is written downwards on the page, and the first letter on each line starts your sentence off about that topic. Try to use full sentences rather than one word explanations. For eg:

Monkeys live in trees

O
N
K

Eat bananas, fruit, leaves and seeds

Y

Some monkeys can live up to 45 years

Once you've done the first draft of your poem, edit and proof-read by reading it over carefully and checking the sentences make sense and the spelling is correct.

Underline any words you need to look up. After you've edited, get an adult to check over for you.

Publish your work on a nice piece of blank or coloured paper and draw a nice heading and add some illustrations to your work to display on your family fridge!

Curriculum Links:**English – Literacy – Creating texts**

Year 3: Plan, draft and publish imaginative, informative and persuasive texts demonstrating increasing control over text structures and language features and selecting print, and multimodal elements appropriate to the audience and purpose.

Year 4: Plan, draft and publish imaginative, informative and persuasive texts containing key information and supporting details for a widening range of audiences, demonstrating increasing control over text structures and language features.

BREAK: 30 minutes**TASK 3: MATHEMATICS**

Approx: 40 mins

Sudoku Puzzles**Note to Parents/Guardians:**

This is a great activity for kids to get to know and enjoy and a great activity for a rainy day or car trip to get the brain moving.

Activity:

Sudoku is a Japanese number puzzle that children of many ages are able to successfully complete and enjoy.

According to Math and Reading Help in "Sudoku: a Logic Based Educational Puzzle for Kids," participating in these problem-solving challenges helps children excel in math, logic, and critical thinking skills.

In typical Sudoku there is a 9-by-9 grid and the goal is to find the right placement for the numbers 1 through 9 in each row, column and box. All nine numbers must be used, and none can be repeated.

Beginners can find puzzles that are grids of 4 by 4 or 6 by 6 in which they would only use numbers 1 through 4 or 1 through 6, respectively.

(Source: <https://sciencing.com/simple-sudoku-instructions-children-7636291.html>)

Go to <http://www.kidsmathgamesonline.com/sudoku.html> and start with an easy level to get the hang of Sudoku to ensure that there are the right numbers in each row and column.

Progress to harder levels as you get the hang of.

Another website to try is <https://www.coolmathgames.com/0-sudoku>

These are great brain training exercises and great to do for some quiet time or long car trips.

Extension:

Times tables: Students to listen, read or write out times tables for 10 minutes.

Curriculum Links:

Mathematics- Number and Algebra – Patterns and algebra

Year 3: Describe, continue, and create number patterns resulting from performing addition or subtraction.

Year 4: Find unknown quantities in number sentences involving addition and subtraction and identify equivalent number sentences involving addition and subtraction.

TASK 4: MUSIC

Approx: 30 mins



Body Percussion

Note to Parents/Guardians:

This might be a fun activity to do with your children or help them develop their own percussion or as a whole family activity.

Activity:

Body percussion is simply using the body to make percussive sounds like clapping, stomping, snapping and so forth.

Watch the YouTube video at <https://www.youtube.com/watch?v=sW2DY1OpgrI> and follow along.

You can also watch the follow on videos with more body percussion dances.

Once you are getting the hang of it, sit down and develop your own body percussion routine.

Get a large piece of paper and develop symbols for each step of your routine. For example, a star symbol could mean clap.

Put your routine together using words or symbols and do your dance.

Stick it up in the lounge room and teach any siblings or adults your body percussion to perform together.

Curriculum Links:

The Arts – Music – Understand how music works

Years 3 and 4: Develop aural skills by exploring, imitating and recognising elements of music including dynamics, pitch and rhythm patterns

LUNCH: 60 minutes



TASK 5: COOKING

Approx: 30 mins

Cooking Activity

Note to Parents/Guardians:

Leave the bulk of the responsibility to your child to read the ingredient list and search the pantry. You may need to help with turning on an oven and overseeing the cooking process but see how much they can do independently.

Activity:

Look up some easy to cook kids recipes at <https://www.kidspot.com.au/kitchen/recipes/collections/cooking-for-kids?page=2&q=>

Scroll through the recipes that interest you and then check if you have the ingredients in the cupboard.

If you don't, perhaps you can choose something else where all the ingredients are already in your pantry or ask mum or dad if there is an alternate ingredient you could use (raisins instead of choc chips).

Read the instructions for the recipe and get out all the ingredients.

Follow the directions step by step to make one of the recipes.

Share with your family and enjoy!

Curriculum Links:

English, Mathematics, Personal and social capabilities.

BREAK: 30 minutes

TASK 6: HEALTH AND PHYSICAL EDUCATION

Approx: 45 mins

Backyard Fitness Circuit

Note to Parents/Guardians:

Help your child set-up the circuit by gathering some of the suggested equipment and helping them set-up the circuit.

Activity:

You are going to set up your own backyard fitness circuit. The equipment or things you could use to set up your circuit include the following;

- Skipping rope
- Trampoline
- Swing set/monkey bars
- Small chair or table
- Fitness mat
- Stop watch on your watch, iPad, phone etc.
- Loud music

Some of your stations on the fitness circuit could be the following;

- Sit ups
- Step ups
- Push ups
- Skipping
- Swinging on monkey bars
- Pulling yourself up on monkey bars
- Jumping on trampoline
- Shuttle runs over 10-20 distance (short sprints)

Set up your circuit in a circular motion so you can go from one station to another – try and have 5 to 6 stations set-up. This is a great activity to do with your siblings or parents, too. Play some loud music to help you keep motivated and work hard. Time 1 minute 30 on your timer whilst you do the first station. Then give yourself 30 seconds to rest. Go to the second station and repeat until you've done all the stations on your circuit. Repeat and circuit 2 or 3 times to ensure you get your heart rate up and a good exercise session. Enjoy!

Curriculum Links:

Health and Physical Education – Movement and Physical Activity – Moving our body

Years 3 and 4: Practise and refine fundamental movement skills in a variety of movement sequences and situations

SUGGESTED LUNCHTIME ACTIVITIES

- Make some home-made play dough to play with
- Make up a new game on the trampoline
- Learn a new trick on your bike/scooter or skateboard

ADVICE FOR PARENTS/GUARDIANS REGARDING YOUTUBE LINKS

While YouTube offers some excellent learning resources and we offer suggested links in this material, Kids News cannot guarantee the type of advertisements that will pop up while you are watching these clips.

Please only allow your child to watch the suggested clips with supervision so that you can prevent them seeing the advertisements that are not age appropriate.

NOTE FOR PARENTS/GUARDIANS

These free activities are written by qualified, practising teachers in accordance with/with reference to the Australian National Curriculum 2020 and are intended to be used as a guide for parents.



TODAY'S STORIES

- 1. Huge 4.5 billion-year-old meteorite rediscovered in SA**
- 2. Keeping tigers happy during the COVID-19 disruption**