

Years 3 and 4: Monday, April 6

TASK 1: LITERACY

Approx: 60 mins

Book Report

Note to Parents/Guardians:

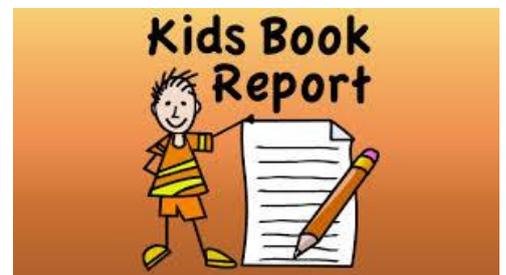
To complete a book report, your child obviously has to have read a book. If the one they are currently reading still has awhile to go, they could choose a book they read recently or in class.

Activity:

Firstly, read for a sustained period of 20 minutes.

You are going to complete a book report on a book you've recently read or listened to. It could be the one you're currently reading if you are almost at the end. A book report is an informational essay giving an objective point of view on the text, it's not just your personal opinion.

Once you've read the book, complete the book report pro-forma below in detail:



BOOK REPORT

Title of book:

Author:

Characters (with a short description of each):

Setting/s (where and when the story takes place):

Conflict:

Resolution:

Analysis (insights into characters, theme, setting):

Conclusion (summarise the resolution and would you recommend this book?):

Curriculum Links:

English – Literacy – Interpreting, analysing and evaluating

Year 3: Use comprehension strategies to build literal and inferred meaning and begin to evaluate texts by drawing on a growing knowledge of context, text structures and language features.

Year 4: Use comprehension strategies to build literal and inferred meaning to expand content knowledge, integrating and linking ideas and analysing and evaluating texts.

TASK 2: LITERACY

Approx: 45 mins

Writing for Real life Purposes

Note to Parents/Guardians:

This activity aims to show children the value of being able to write a variety of texts for different purposes and audiences, especially in real world situations.

Activity:

To be a good writer requires you to be able to write for a range of different audiences and purposes. There's an opportunity to practise this whilst being home from school. Choose 3 of the activities from the Real Life writing grid below to complete. These will helpfully show you how purposeful writing can be in real-life situations and to help get things organised and done.

REAL LIFE WRITING GRID

Write an at home schedule for your learning and structure of your day whilst your home from school.	Write a thank you note to someone that has helped you or your family recently.	Write 5 goals you'd like to achieve whilst you're home from school.
Make a greeting card for someone's birthday.	Create and write out an invitation for a family dinner.	Help Mum or Dad write out the shopping list.
Write a recipe to holding a successful family event.	Write a letter to a friend to post.	Write a letter or email to your teacher telling them what you're missing about school.

Curriculum Links:**English – Literacy – Creating texts**

Year 3: Plan, draft and publish imaginative, informative and persuasive texts demonstrating increasing control over text structures and language features and selecting print, and multimodal elements appropriate to the audience and purpose.

Year 4: Plan, draft and publish imaginative, informative and persuasive texts containing key information and supporting details for a widening range of audiences, demonstrating increasing control over text structures and language features.

BREAK: 30 minutes**TASK 3: MATHEMATICS**

Approx: 45 mins

Origami Shooting Stars**Note to Parents/Guardians:**

Nil.

You will need:

- 2 square sheets of paper per star
- Ruler or measuring tape
- Pencil and scrap paper
- Tape for the easier version
- Print or view instructions at <http://s7657.pcdn.co/wp-content/PDFs/ShootingStars.pdf>

Activity:

In this activity, you'll fold origami paper stars and see how far they fly.

There is a step-by-step YouTube video on how to make the star as well as step by step written instructions with diagrams found at <http://s7657.pcdn.co/wp-content/PDFs/ShootingStars.pdf>

To view the YouTube video go to <https://www.youtube.com/watch?v=zCiO5TzvGFk>

(Source: Bedtime Math Foundation)

Once you've made your paper star have a throwing contest with your family.

- Line up along a line
- Throw your stars
- Measure the distance of your throw
- Record the distance of 3 throws each and see who in the family gets the furthest throw

Extension:

Times tables: Students to listen, read or write out times tables for 10 minutes.

**Curriculum Links:****Mathematics - Measurement and Geometry – Shape and transformation**

Year 3: Make models of three-dimensional objects and describe key features

Year 4: Compare and describe two dimensional shapes that result from combining and splitting common shapes, with and without the use of digital technologies

TASK 4: SCIENCE

Approx: 30 mins

Tawny Frogmouth Fact File

Note to Parents/Guardians:

The daily educational videos from the Australian Reptile Park are streamed at 10am each day on their YouTube channel <https://www.youtube.com/watch?v=qJAfpe5XYE0>
They also do a 2pm live stream on their Facebook and Instagram accounts.

Activity:

The Australian Reptile Park is streaming live educational videos each day from 10am on the following YouTube page <https://www.youtube.com/watch?v=qJAfpe5XYE0>

Watch the 5-minute educational video on the Tawny Frogmouth and write down as many facts as you can whilst watching the clip. Re-watch if you need to.

Complete a fact file on the Tawny Frogmouth on an A4 piece of paper. Decorate it with a nice border, heading and then include at least 10 interesting facts that you learnt from the educational video from the Australian Reptile Park. Make it interesting enough that other people would like to read.
What other animals would you like to see featured in this series?



Curriculum Links:

Science – Science Understanding – Biological sciences

Years 3 and 4: Living things can be grouped on the basis of observable features and can be distinguished from non-living things.

LUNCH: 60 minutes

TASK 5: COOKING

Approx: 25 mins

Decorated Easter Biscuits

Note to Parents/Guardians:

Children should be able to do this quite independently and might be good to set-up outside to save the mess!

You will need:

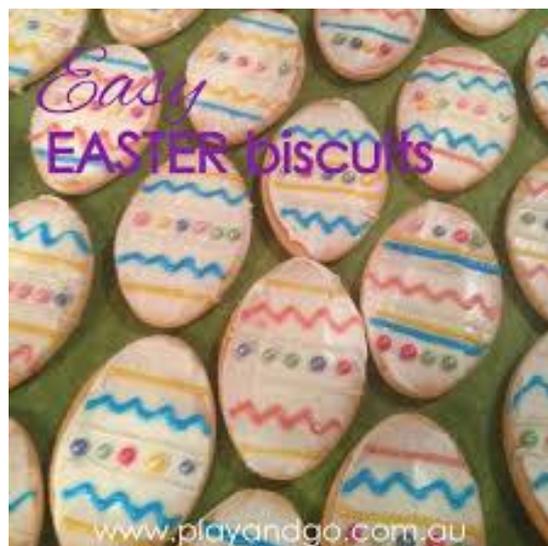
- Milk Arrowroot biscuits
- Sprinkles or lollies to decorate
- 1 cup icing sugar
- 1 tablespoon milk
- Food colouring
- Piping bag if your Mum or Dad has one

Activity:

This is a simple and fun Easter idea to decorate biscuits to look like Easter eggs.

Follow this procedure to make your Easter egg biscuits;

- Mix icing sugar and milk together in a bowl
- Separate icing into smaller sized bowls and add food colouring
- Using a non-sharp knife, spread the icing on the biscuits and decorate with sprinkles, lollies and different colour icing sugar to do lines and squiggles.
- Set in the fridge
- Store in an airtight container for three days.

**Curriculum Links:**

Mathematics – Measurement and Geometry – Using units of measurements

Year 3: Measure, order and compare objects using familiar metric units of length, mass and capacity

Year 4: Use scaled instruments to measure and compare lengths, masses, capacities and temperatures

The Arts – Visual Arts

Year 3 and 4: applying art and design techniques effectively and safely, such as modelling clay, marbling on paper, designing and printing a pattern.

BREAK: 30 minutes**TASK 6: HEALTH AND PHYSICAL EDUCATION**

Approx: 30 mins

Strength workout**Note to Parents/Guardians:**

This is a great circuit of exercises for your child or the whole family to build upon their own strength.

Activity:

These exercises use your own body weight to help you build strength which is very important as you grow and build strength and fitness.

Repeat this set of exercises twice a couple of times a week to help build your strength.

Keep a record of how many you do of each exercise so you can see your improvement over time (however it's not about how many you do of each exercise, more about doing each one properly to get the full benefit).



- 1. Bench step-ups:** Step right foot, then left, up onto a low bench, then step down. Switch your starting side with each set.
 - 2. Burpees:** From standing, squat down, place your hands on the ground, and jump your feet back into a plank position. Lower body to the floor for a push-up. Push back up to plank. Hop feet back in and stand up.
 - 3. Calf raises:** From standing, lift up onto your tiptoes and hold, then lower.
 - 4. Cartwheels:** A blast! If anyone can't pull them off, just try to approximate the move.
 - 5. Crab walks:** Sit with your knees bent and feet flat on the ground; place palms on the ground behind you. Lift hips a few inches and walk forward on your hands and feet like a crab, then walk backward.
 - 6. Crab toe touches:** From your crab position, lift left leg and right arm and try to touch your toes. Lower and repeat on the other side.
 - 7. Handstands against a wall:** Make it a game and see who can hold it the longest.
 - 8. Hip bridges:** Lie on your back with knees bent and feet flat on the ground; rest arms by sides. Press feet firmly down as you slowly lift your hips off the ground; hold for a few counts, then lower.
 - 9. Inchworms:** Bend forward at the hips and place hands on the ground with knees slightly bent, then walk them forward until you're in a plank position. Now walk feet in to meet your hands and stand back up.
 - 10. Planks:** Lie on the ground on your belly, chest lifted off ground. Flex your feet (toes on the floor), engage legs, and lift body up, balancing on forearms and toes. Keep entire body strong and butt in line with shoulders and heels. Hold.
 - 11. Push-ups:** Get into position and bend elbows and lower chest toward the ground, then push back up.
 - 12. Side leg raises:** Lie on one side, with your feet and hips stacked; prop yourself up on your forearm. Align shoulder over elbow. Lift your top leg straight up, keeping foot parallel with the ground and flexing your toes; pause at top, then lower.
 - 13. Side planks:** Lie on one side and prop yourself up on your forearm. Stack your feet and hips. Lift hips straight off the ground. Hold. Repeat on the opposite side.
 - 14. Squat jumps:** Stand with your feet hip-width apart, bend your knees, and squat your butt back and down, then jump straight up in the air, and land back down in the squat with knees bent.
 - 15. Straight-arm planks with arm row:** Get into a push-up position, with feet slightly wider than hip-width. Hold it while you bend right elbow and lift it straight up, bringing hand up by side. Lower hand and repeat on the other side.
 - 16. Supermans:** Lie face down, with your arms and legs extended. Slowly lift your arms and legs off the ground as high as you can; keep the neck relaxed and look down at the ground. Hold, then lower.
- (Source: parents.com)



Curriculum Links:

Health and Physical Education – Movement and Physical Activity – Moving our body

Years 3 and 4: Practise and apply movement concepts and strategies with and without equipment.

SUGGESTED LUNCHTIME ACTIVITIES

- Clean out animal cages or bedding
- Give your pet a bath
- Tidy your room
- Clean up any rubbish down your driveway or around your fence lines

ADVICE FOR PARENTS/GUARDIANS REGARDING YOUTUBE LINKS

While YouTube offers some excellent learning resources and we offer suggested links in this material, Kids News cannot guarantee the type of advertisements that will pop up while you are watching these clips.

Please only allow your child to watch the suggested clips with supervision so that you can prevent them seeing the advertisements that are not age appropriate.

NOTE FOR PARENTS/GUARDIANS

These free activities are written by qualified, practising teachers in accordance with/with reference to the Australian National Curriculum 2020 and are intended to be used as a guide for parents.



TODAY'S STORIES

- 1. JK Rowling invites all Muggles into Harry Potter world**
- 2. Oldest known fossil of the earliest human is found**