

Years 3 and 4: Friday, April 24 (Anzac Day)

TASK 1: LITERACY

Approx: 40 mins

Here They Come – A Day to Remember

Note to Parents/Guardians:

This is a great video explaining to children the thoughts and feelings of different groups of people on Anzac day and why it is important to remember. Your child will need a device to watch the YouTube clip.

Activity:

This education resource is for lower primary students. It explores the importance of commemoration through story telling. The characters share their experience of Anzac Day and encourage students to learn about traditions and commemorative symbols.

Watch the 7-minute YouTube video 'Here they Come – A Day to Remember' at

<https://www.youtube.com/watch?v=ksD46PWsa4E>

Whilst watching the clip, record your thoughts, feelings and wonderings to discuss with your family.

Complete the learning activity "A veteran reflects". You will find a full page version in the Appendix.

HERE THEY COME Learning activities
A day to remember

A veteran reflects

Look at the picture on the last page of *Here they come: A day to remember*.

What might the character be thinking about the Anzac Day ceremony he just attended? How might the character be feeling? Discuss your ideas.



Source: <https://anzacportal.dva.gov.au/sites/default/files/docs/here-they-come-learning-activities-2016.pdf>

Curriculum Links:

English – Literature – Responding to Literature

Year 3: Draw connections between personal experiences and the worlds of texts, and share responses with others.

Year 4: Discuss literary experiences with others, sharing responses and expressing a point of view.

TASK 2: LITERACY

Approx: 40 mins

Anzac Day Poetry

Note to Parents/Guardians:

Encourage your child to complete a couple of drafts to produce their best possible Anzac Day Poem. Maybe you could send it to your local RSL branch to let them know kids are still aware and noting the importance of the day at home.

Activity:

Write a poem to commemorate Anzac day on April 25. This year is especially hard to show our support and thanks to the people who have served our country, as we can't attend any ceremonies or services. Your poem can be to do with the video you watched in Task 1, or using the knowledge you already have on Anzac Day. It could be to thank those who went to war or about your feelings towards Anzac day and what it means to our country.

It doesn't have to rhyme, it just needs to be your thoughts and feelings on paper.

Handwrite the published piece using your best handwriting and decorate your page with a border and illustration.

Mum or Dad might send it to your local RSL branch which is where many returned service men and women gather.

The poem in the picture is an example (source:

<https://www.kidspot.com.au/things-to-do/activity-articles/thank-a-digger-anzac-poems-to-pass-on/news-story/8b50ee4bf48bf8495098a289da1857d6>)

ANZAC DAY POEM

April 25th a long time ago,
You went to battle at dawn,
Many lost their lives that day,
Together we will mourn.
More than that though,
We will march and remember those brave
men,
For they went to war and battled on,
They fought for our freedom then.
Through the darkest nights and the longest
days,
Through muddy grounds you go,
You marched on and looked behind,
And you saw the poppies grow.
We will wear one on this day,
To remember your courage – so strong,
We want you to know that in our hearts,
Your memory still lives on.



Curriculum Links:

English – Literacy – Creating texts

Year 3: Plan, draft and publish imaginative, informative and persuasive texts demonstrating increasing control over text structures and language features and selecting print, and multimodal elements appropriate to the audience and purpose.

Year 4: Plan, draft and publish imaginative, informative and persuasive texts containing key information and supporting details for a widening range of audiences, demonstrating increasing control over text structures and language features.

BREAK: 30 minutes

TASK 3: HUMANITIES AND SOCIAL SCIENCES

Approx: 20 mins

Commemorating Anzac Day during the COVID-19 crisis

Note to Parents/Guardians:

It's important to many people to still find a way to commemorate Anzac Day now that lockdown laws prevent us from attending any services or ceremonies. Your child will need a device to read the Kids News story on some other ideas people could do to show our support for the returned service men and women.

Activity:

Due to the current COVID-19 crisis, we can't attend any Anzac Day commemoration services, which means the returned service men and women will not feel the support and catch up with long lost friends as they normally would on Anzac Day.

Read the Kids News story on this topic at <https://www.kidsnews.com.au/civics/australians-are-planning-a-mass-light-salute-on-anzac-day-instead-of-regular-services/news-story/ff72a32465cea0bbbf241206d718740e>

Complete Activity 1 planning your own commemoration service to pay tribute to Anzac day. Some possible ideas could include;

- As per the article, standing in your driveway with a light at dawn to mark the sunrise
- Putting a Poppy or other Anzac symbol in your window
- Playing the last post bugle music with your family



Discuss with your family some ideas you may like to do.

Curriculum Links:**Humanities and Social Sciences – Knowledge and Understanding**

Years 3 and 4: Days and weeks celebrated or commemorated in Australia (including Australia Day, Anzac Day, and National Sorry Day) and the importance of symbols and emblems.

TASK 4: HUMANITIES AND SOCIAL SCIENCES

Approx: 30 mins

Baking Anzac Day biscuits**Note to Parents/Guardians:**

You may need to supervise your child make this recipe and to use the oven.

Activity:**History of Anzac Day biscuits:**

The wives, mothers and girlfriends were concerned for the nutritional value of the food being supplied to their men. Here was a problem. Any food they sent to the fighting men had to be carried in the ships of the Merchant Navy. Most of these were lucky to maintain a speed of 10 knots (18.5 kilometres per hour). Most had no refrigerated facilities, so any food sent had to be able to remain edible after periods in excess of two months.

A body of women came up with the answer - a biscuit with all the nutritional values possible. The basis was a Scottish recipe using rolled oats which were used extensively in Scotland, especially for a heavy porridge that helped counteract the extremely cold climate.

The ingredients they used were rolled oats, sugar, plain flour, coconut, butter, golden syrup or treacle, bi-carbonate of soda and boiling water. All these items did not readily spoil.

At first the biscuits were called Soldiers' Biscuits, but after the landing on Gallipoli, they were renamed Anzac Biscuits. A point of interest is the lack of eggs to bind the Anzac biscuit mixture together. Because of the war, many of the poultry farmers had joined the services, thus eggs were scarce. The binding agent for the biscuits was golden syrup or treacle. Eggs that were sent long distances were coated with a product called ke peg (like Vaseline) then packed in air tight containers filled with sand to cushion the eggs and keep out the air.

As the war drew on, many groups like the CWA (Country Women's Association), church committees, schools and other women's organisations devoted a great deal of time to the making of Anzac biscuits.

To ensure that the biscuits remained crisp, they were packed in used tins such as Billy Tea tins.

You can see some of these tins appearing in your supermarket as exact replicas of the ones of earlier years. Look

around. The tins were airtight, thus no moisture in the atmosphere was able to soak into the biscuits and make them soft.

(Source: <https://anzacday.org.au/ww1-ANZAC-biscuits>)

You (and your siblings if you have any) are going to make this quite simple recipe of Anzac biscuits. These are a tradition to bake and eat on Anzac day. Follow the ingredient list and instructions carefully to make these yummy creations!

Anzac biscuits

Ingredients

150g (1 cup) plain flour
90g (1 cup) rolled oats
85g (1 cup) desiccated coconut
100g (1/2 cup, firmly packed) brown sugar
55g (1/4 cup) caster sugar
125g butter
2 tablespoons golden syrup
2 tablespoons water
1/2 teaspoon bicarbonate of soda

Method

Step 1

Preheat oven to 160C. Line 2 baking trays with non-stick baking paper.

Step 2

Combine flour, oats, coconut and combined sugar in a large bowl.

Step 3

Stir the butter, golden syrup and water in a small saucepan over medium heat until the butter melts and the mixture is smooth. Stir in the bicarbonate of soda. Add to the oat mixture and stir until well combined.

Step 4

Roll level tablespoonfuls of the oat mixture into balls and place, about 5cm apart, on the prepared trays. Flatten until about 1cm thick. Bake, swapping trays halfway through cooking, for 15 minutes or until light golden. Set aside for 10 minutes to cool slightly before transferring to wire racks to cool completely.

Want soft and chewy?

Omit the brown sugar and increase the caster sugar to 155g (3/4 cup). Cooking time stays the same.

How about dark and crunchy?

Omit caster sugar and increase the brown sugar to 155g (3/4 cup, firmly packed). Bake for 18 minutes.

Thin and crispy more your thing?

Omit the caster sugar and increase the brown sugar to 200g (1 cup). Reduce the flour to 115g (3/4 cup). Cooking time stays the same.

(Recipe supplied by Taste.com.au)



Curriculum Links:

Humanities and Social Sciences – Knowledge and Understanding

Years 3 and 4: Days and weeks celebrated or commemorated in Australia (including Australia Day, Anzac Day, and National Sorry Day) and the importance of symbols and emblems.

LUNCH: 60 minutes

TASK 5: VISUAL ART

Approx: 40 mins

Anzac Day Silhouette

Note to Parents/Guardians:

There are different versions of this art activity. Get your child to choose the version that matches the materials you might already have at home.

You will need:

(differs depending on which silhouette model you choose):

- Clear contact
- Sunset colour pastels
- Sunset colour tissue
- Sunset colours paint
- Silhouettes (See Appendix to print)

Watch the YouTube video of different ways to do this art project at <https://www.teachstarter.com/au/teaching-resource/anzac-day-silhouette-art-templates/>



Get your Mum or Dad to print the silhouettes so you can complete your art work.

Curriculum Links:

The Arts – Visual Arts – Understand how Visual Arts works

Years 3 and 4: Use materials, techniques and processes to explore visual conventions when making artworks.

BREAK: 30 minutes

TASK 6: HEALTH AND PHYSICAL EDUCATION

Approx: 20 mins

Soldier Workout – Fit Kids

Note to Parents/Guardians:

This online High Intensity Interval Training workout (HIIT) can be done at home, with siblings and will get the kids heart rate up. The idea is to be fit like a soldier!

Activity:

Army Soldiers need to be very fit and healthy. You are going to complete a 20 minute high intensity interval training (HIIT) workout, to increase your heart rate and get you on way to be fitting.

Get your siblings to join in, find some space and be wearing comfortable clothes for exercise and your water bottle.

Get the workout at https://youtu.be/hKRR7_igyLo



Curriculum Links:

Health and Physical Education – Movement and Physical Activity – Moving our body

Years 3 and 4: Practise and apply movement concepts and strategies with and without equipment.

SUGGESTED LUNCHTIME ACTIVITIES

- Put your Anzac biscuits in an air tight container
- Go for a jog around the block
- Do 10 minutes of skipping
- Read a book or magazine

ADVICE FOR PARENTS/GUARDIANS REGARDING YOUTUBE LINKS

While YouTube offers some excellent learning resources and we offer suggested links in this material, Kids News cannot guarantee the type of advertisements that will pop up while you are watching these clips.

Please only allow your child to watch the suggested clips with supervision so that you can prevent them seeing the advertisements that are not age appropriate.

NOTE FOR PARENTS/GUARDIANS

These free activities are written by qualified, practising teachers in accordance with/with reference to the Australian National Curriculum 2020 and are intended to be used as a guide for parents.



TODAY'S STORIES

- 1. Drones may soon fly COVID-19 test kits and medicines to Aussies**
- 2. Tuning in to the calming powers of music during lockdown.**

APPENDIX

Here they Come – A Time to Remember

HERE THEY COME

A day to remember

Learning activities

A veteran reflects

Look at the picture on the last page of *Here they come: A day to remember*.

What might the character be thinking about the Anzac Day ceremony he just attended? How might the character be feeling? Discuss your ideas.







