

Years 7 to 9: Thursday, April 16

TASK 1: PERSONAL AND SOCIAL CAPABILITY

Approx: 60 mins

What Do You Celebrate?

Note to Parents/Guardians:

This activity encourages students to think about celebrations that are important to them and to adapt one so that it can be held under current restrictions.

Activity:

We all belong to communities – such as families, friendship groups, ethnic groups, religions, or sporting groups.

Think about all of the different communities or groups that you belong to and complete the questions below.



1. Write down the name of each group you belong to and then write down any celebrations that you have in or with this group.

Group or community:

Our celebrations:

2. Calendar of Celebrations

Create a yearly calendar of your celebrations. You can include personal celebrations, like your birthday and birthdays of family and friends, regular celebrations such as services of your religion, special days such as Valentine's Day, Christmas and any other time that you celebrate!

3. What's Your favourite celebration?

Think about your favourite celebration and complete these sentence starters:

- My favourite celebration is:
- The reason why I have chosen this celebration is:

Create a collage that describes this celebration and why you enjoy it so.

4. At the moment we cannot get together with people, so celebrations have been postponed or done differently.

How do you think that you could still have your favourite celebration if you were to have it this week?

How could you include the people who usually celebrate with you?

Create a list of activities and ideas so that you can still celebrate what is important to you.

Curriculum Links:

Personal and Social Capability

Years 7 and 8: Discuss the range of strategies that could be used to cope with difficult tasks or changing situations.

Year 9: Develop criteria to appraise personal qualities and use these to design strategies to plan for the future or address a challenge.

TASK 2: HEALTH AND PHYSICAL EDUCATION

Approx: 60 mins

Energy Drinks – Good or Bad?

Note to Parents/Guardians:

Kids News is a daily news service of kid friendly news stories with a range of activities. This is a good daily activity, as the stories cover all curriculum areas. Students can listen to the story, if that suits their learning style or you would like to share it. Today's story focusses the health issues in teens caused by the widespread consumption on energy drinks.

Activity:

Follow the link to the Kids News Story on the health problems in teens that are being caused by energy drinks: <https://www.kidsnews.com.au/health/caffeine-sugar-in-energy-drinks-robbing-teens-of-sleep-and-leading-to-obesity/news-story/3ffea98a4503f0440661895a4684d4c2> Complete the activities.

Curriculum Links:

Digital Technologies

Years 7 &8: Plan and use health strategies and resources to enhance the health, safety and wellbeing of their communities.

Year 9: Plan, implement and critique strategies to enhance the health, safety and wellbeing of their communities.

BREAK: 30 minutes

TASK 3: ECONOMICS AND BUSINESS

Approx: 40 mins

Investing in the Share Market

Note to Parents/Guardians:

Today's activity is a chance for students to learn about or revise their understanding of the Australian Share Market. They will need to do some of their own research as part of this activity.

Activity:

In this activity you will learn about choosing shares to buy and sell.

You will follow the Australian Share Market and look at companies that are listed on the ASX to judge their value for money.

1. Before you start, locate the Commonwealth Bank's CommSec website for tips on investing in the share market for the first time:

<https://www.commbank.com.au/guidance/investing/share-investing-for-absolute-beginners--201604.html>

2. What are the FIVE most important things a first time investor needs to do or remember before investing in the share market?

3. Locate the Australian Stock Exchange website <https://www.asx.com.au/index.htm>

4. Choose three companies from the Top 5 S&P/ASX 200 table that you will find on this page. List. Follow the links to get information on each company.

5. Find the 'Performance graph on each company's page.

6. Based on this graph, decide which company has been the best value for money since November 2019. Write a paragraph explaining your choice.



STOCK	BID	OFFER	LAST	VOL	STOCK	BID	OFFER	LAST	VOL
ALUMINA	1.175	1.180	1.180	884	MANWEB	0.004	0.005	0.005	0
AL TOLL	2.170	2.175	2.175	30	MANWEB 20	0.001	0.002	0.002	0
ANZ	0.079	0.080	0.081	351	MARINEA 20	0.001	0.002	0.002	0
ASX	1.160	1.165	1.165	847	MARKETFRM	0.000	0.000	0.000	0
ASX 200	0.180	0.185	0.185	341	MARSH	0.000	0.000	0.000	0
ASX 200 2Y	0.040	0.045	0.045	28	MARSH 20	0.000	0.000	0.000	0
ASX 200 5Y	0.030	0.035	0.035	0	MARSH 20 20	0.000	0.000	0.000	0
ASX 200 10Y	0.020	0.025	0.025	0	MARSH 20 20 20	0.000	0.000	0.000	0
ASX 200 15Y	0.010	0.015	0.015	0	MARSH 20 20 20 20	0.000	0.000	0.000	0
ASX 200 20Y	0.005	0.010	0.010	0	MARSH 20 20 20 20 20	0.000	0.000	0.000	0
ASX 200 25Y	0.002	0.005	0.005	0	MARSH 20 20 20 20 20 20	0.000	0.000	0.000	0
ASX 200 30Y	0.001	0.002	0.002	0	MARSH 20 20 20 20 20 20 20	0.000	0.000	0.000	0
ASX 200 35Y	0.000	0.001	0.001	0	MARSH 20 20 20 20 20 20 20 20	0.000	0.000	0.000	0
ASX 200 40Y	0.000	0.000	0.000	0	MARSH 20 20 20 20 20 20 20 20 20	0.000	0.000	0.000	0
ASX 200 45Y	0.000	0.000	0.000	0	MARSH 20 20 20 20 20 20 20 20 20 20	0.000	0.000	0.000	0
ASX 200 50Y	0.000	0.000	0.000	0	MARSH 20 20 20 20 20 20 20 20 20 20 20	0.000	0.000	0.000	0
ASX 200 55Y	0.000	0.000	0.000	0	MARSH 20 20 20 20 20 20 20 20 20 20 20 20	0.000	0.000	0.000	0
ASX 200 60Y	0.000	0.000	0.000	0	MARSH 20 20 20 20 20 20 20 20 20 20 20 20 20	0.000	0.000	0.000	0
ASX 200 65Y	0.000	0.000	0.000	0	MARSH 20 20 20 20 20 20 20 20 20 20 20 20 20 20	0.000	0.000	0.000	0
ASX 200 70Y	0.000	0.000	0.000	0	MARSH 20 20 20 20 20 20 20 20 20 20 20 20 20 20 20	0.000	0.000	0.000	0
ASX 200 75Y	0.000	0.000	0.000	0	MARSH 20 20 20 20 20 20 20 20 20 20 20 20 20 20 20 20	0.000	0.000	0.000	0
ASX 200 80Y	0.000	0.000	0.000	0	MARSH 20 20 20 20 20 20 20 20 20 20 20 20 20 20 20 20 20	0.000	0.000	0.000	0
ASX 200 85Y	0.000	0.000	0.000	0	MARSH 20 20 20 20 20 20 20 20 20 20 20 20 20 20 20 20 20 20	0.000	0.000	0.000	0
ASX 200 90Y	0.000	0.000	0.000	0	MARSH 20 20 20 20 20 20 20 20 20 20 20 20 20 20 20 20 20 20 20	0.000	0.000	0.000	0
ASX 200 95Y	0.000	0.000	0.000	0	MARSH 20	0.000	0.000	0.000	0
ASX 200 100Y	0.000	0.000	0.000	0	MARSH 20	0.000	0.000	0.000	0

Curriculum Links:**Economics**

Years 7 and 8: Examine the ways consumers and producers respond to and influence each other in the market, particularly through the price mechanism.

Year 9: Identify and explain the indicators of economic performance and examine how Australia's economy is performing.

TASK 4: MEDIA ARTS**Approx: 60 mins****Create an Advertisement!****Activity:**

You are in charge of creating a TV or online advertisement for National Remote Control Week!

Your task is to:

1. Decide what the purpose of National Remote Control Week should be.
2. Decide on at least four activities that would be suitable for National Remote Control Week.
3. Create a detailed storyboard for your advertisement for National Remote Control Week. Your advertisement must get people interested in and excited about the Week and let them know what will be happening.

Curriculum Links:**Media Arts – Media Arts Practices**

Years 7 and 8: Plan, structure and design media artworks for a range of purposes that engage audiences using media elements, technologies and production processes.

Year 9: Plan, structure and design media artworks for a range of purposes that challenge the expectations of specific audiences by particular use of media elements, technologies and production processes.

LUNCH: 60 minutes**TASK 5: ENGLISH****Approx: 20 mins****Drop Everything and Read**

Note to Parents/Guardians: This is a daily activity where everyone stops what they are doing and reads for 20 minutes. It helps if you do this at the same time each day and join in yourself!

You will need:

A book or other material that the student wants to read and can spend at least 20 minutes reading it. It is important that it is something they are interested in and are motivated to read.

Activity:

Find a comfortable place and read for 20 minutes.

BREAK: 30 minutes

TASK 6: MATHEMATICS

Approx: 60 mins

The Tower of Hanoi

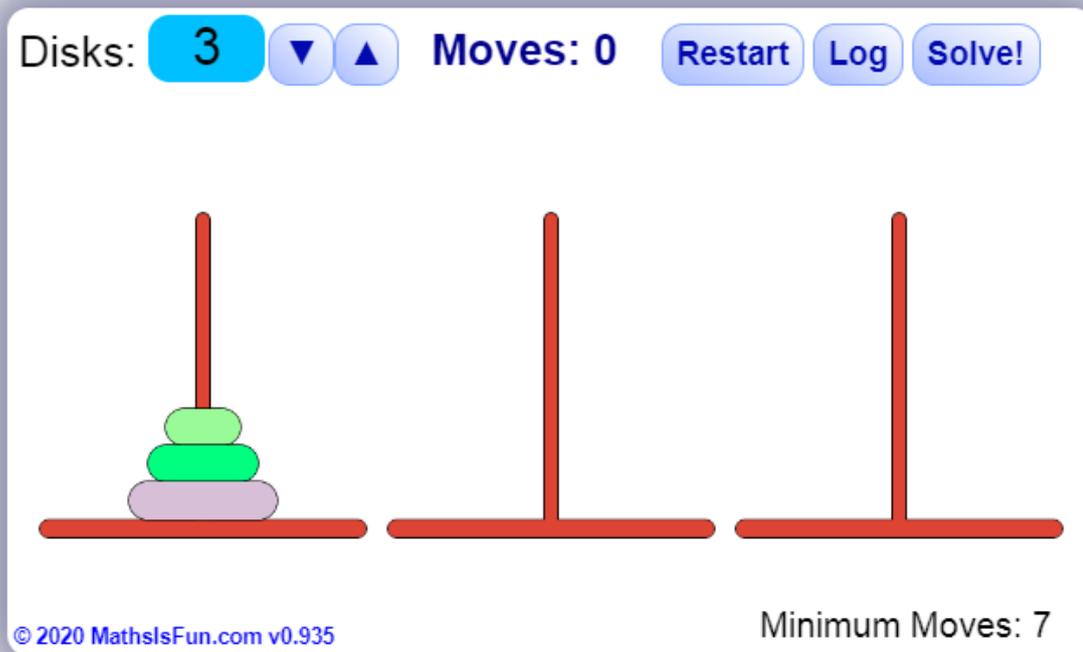
Note to Parents/Guardians:

In this activity, students will try a maths puzzle known as the Tower of Hanoi. In this puzzle students will use logical thinking and problem solving skills, as well as looking for patterns or sequences.

Activity:

1. Try the Tower of Hanoi puzzle on this website:

<https://www.mathsisfun.com/games/towerofhanoi.html>



2. Start with three disks but add disks to see how far you can go!

Extension: Try making the puzzle and solving it in real life.

Curriculum Links:

Mathematics

Years 7 to 9: Mathematics provides students with access to important mathematical ideas, knowledge and skills that they will draw on in their personal and work lives.

SUGGESTED LUNCHTIME ACTIVITIES

- Write a letter or email to someone important to you
- Put on some music and dance!
- Don't forget your family exercise schedule

ADVICE FOR PARENTS/GUARDIANS REGARDING YOUTUBE LINKS

While YouTube offers some excellent learning resources and we offer suggested links in this material, Kids News cannot guarantee the type of advertisements that will pop up while you are watching these clips. Please only allow your child to watch the suggested clips with supervision so that you can prevent them seeing the advertisements that are not age appropriate.

NOTE FOR PARENTS/GUARDIANS

These free activities are written by qualified, practising teachers in accordance with/with reference to the Australian National Curriculum 2020 and are intended to be used as a guide for parents.



TODAY'S STORIES

- 1. Mysterious rocks that move by themselves in Death Valley**
- 2. Rice ATM feeds the hungry in Vietnam during COVID-19 shutdown**