

## Years 7 to 9: Tuesday, April 21

### TASK 1: VISUAL ARTS

Approx: 60 mins

#### Create Challenge

##### **Note to Parents/Guardians:**

*This activity encourages students to create an artwork of their choice that is inspired by suggested topics. Have fun and create some topics of your own! Students can draw, paint, make collages, make an object or create a digital piece – use whatever materials you have at home and follow your child's interests.*

##### **Activity:**

Create artworks or designs based on each of these topics. You can do them one at a time as a 10-minute drawing challenge, or choose one and spend the whole hour working on it, using any media you like.

Media means the type of materials you use or type of art – paper and pencils, paints, collage, making an object.

1. The inside of a volcano.
2. How a fly sees the world.
3. Your earliest memory.
4. The nicest person you know.
5. Your hands.



##### **Curriculum Links:**

##### **Visual Arts – Visual Arts Practices**

**Years 7 and 8:** Experiment with materials, techniques, technologies and processes in a range of art forms to express ideas, concepts and themes in artworks.

**Year 9:** Select and manipulate materials, techniques, and technologies and processes in a range of art forms to express ideas, concepts and themes.

### TASK 2: MATHEMATICS

Approx: 60 mins

#### The World's Fastest Ant

##### **Note to Parents/Guardians:**

*Kids News is a daily news service of kid friendly news stories with a range of activities.*

*This is a good daily activity, as the stories cover all curriculum areas. Students can listen to the story, if that suits their learning style or you would like to share it.*

*Today's story focusses on the Saharan silver ant and it's amazing speed.*

##### **Activity:**

Follow the link to the Kids News Story on the world's fastest ant:

<https://www.kidsnews.com.au/animals/super-quick-steps-for-saharan-silver-ant-worlds-fastest-ant/news-story/bd26e9b1d14df901081b1dadf7c8640a>

Complete the activities.

**Curriculum Links:**

**Mathematics – Curriculum Overview**

**Years 7, 8 & 9:** Mathematics provides students with access to important mathematical ideas, knowledge and skills that they will draw on in their personal and work lives.

**BREAK: 30 minutes**

**TASK 3: SCIENCE**

**Approx: 60 mins**

**Science By Doing**

**Note to Parents/Guardians:**

*This activity uses Science By Doing units of work. This resource is from the Australian Academy of Science and is aligned to the Australian Curriculum. It is free, but you or your child will need to register and log in. Students are free to choose whatever unit of work interests them, or one that they have worked on at school. Some activities are written for pair or group work. Adapt these to asking your child to do the activity. If you can, discuss and share the activity with them.*

*It's important to remember that you can adapt the activity to suit your particular situation. This can be self-paced to suit their learning style and needs, but students should aim to complete 2 activities if that is possible for them.*

**Activity:**

Visit the Science by Doing Website. You or an adult will need to register, if you have not already done this.

<https://www.sciencebydoing.edu.au/student/curriculum-units>

Look at the units and choose one that you are interested in. Click on the Student Digital icon for that unit and complete at least two units.

**Curriculum Links:**

**Science**

**Years 7 and 8:** Science and technology contribute to finding solutions to a range of contemporary issues; these solutions may impact on other areas of society and involve ethical considerations.

**Year 9:** The values and needs of contemporary society can influence the focus of scientific research.

**TASK 4: ENGLISH**

**Approx: 60 mins**

**Party Time**

**Note to Parents/Guardians:**

*This activity focusses on the characters of a novel that students have read. The book that they choose is not important – encourage your child to choose any book that they have enjoyed. You will need some drawing equipment or online design app or program.*

**Activity:**

1. Think about a novel or story that you have read.
2. Describe in detail three characters from the story. Include what you think they look like and their personality.
3. For each character, list at least three reasons why you would or wouldn't want to become friends with them. For each reason, describe an example from the book that backs up your choice.
4. Imagine that you have been asked to throw a birthday party for at least one of the characters. What type of party would be perfect for them? Plan the perfect party pack for them. Include an invitation, details about where you would have the party, games, activities, food, music and suggested presents.

**Curriculum Links:****English – Examining Literature**

**Year 7:** Recognise and analyse the ways that characterisation, events and settings are combined in narratives, and discuss the purposes and appeal of different approaches (VCELT374).

**Year 8:** Recognise, explain and analyse the ways literary texts draw on readers' knowledge of other texts and enable new understanding and appreciation of aesthetic qualities (VCELT407).

**Year 9:** Analyse texts from familiar and unfamiliar contexts, and discuss and evaluate their content and the appeal of an individual author's literary style (VCELT438).

**LUNCH: 60 minutes****TASK 5: ENGLISH****Approx: 20 mins****Drop Everything and Read****Note to Parents/Guardians:**

*This is a daily activity where everyone stops what they are doing and reads for 20 minutes. It helps if you do this at the same time each day and join in yourself!*

**You will need:**

A book or other material that the student wants to read and can spend at least 20 minutes reading it. It is important that it is something they are interested in and are motivated to read.

**Activity:**

Find a comfortable place and read for 20 minutes.

**BREAK: 30 minutes****TASK 6: HEALTH AND PHYSICAL EDUCATION****Approx: 60 mins****A Balanced Diet****Note to Parents/Guardians:**

*This activity will help students to learn about what different groups of people need to eat, they will also think about food labelling. Students will need to do their own research for the second part of this activity.*

**Activity:**

What Do You Need To Eat?

Locate the Nutrition Australia website at [www.nutritionaustralia.org](http://www.nutritionaustralia.org).

Use the information on the site to complete this table:

Group	Special Needs	Eat MOST	Eat LEAST
Kids			
Teenagers			
Adults			
Older People			

**Food Labeling – What are you Really Eating?**

How much do you know about what you are eating?

1. Find out if these sentences are true or false.
2. Rewrite each of these sentences. If the sentence is true, explain how you know that this is true. If the sentence is false, rewrite the sentence so that the information is true.

- a. Food Labeling is not compulsory in Australia.
- b. Sodium is another word for salt.
- c. There is only one type of fat and it is bad for you.
- d. A food labeled 'low in fat' is always a healthy choice.
- e. All sugar in foods is added during processing.
- f. Fresh fruit and vegetables must have labels.

- g. The ingredient listed first is the one that has the biggest quantity in a product.
- h. A food with a picture of an orange on the packaging must contain oranges.
- i. A food that has orange flavoring can simply be called 'orange'.
- j. ALL food additives are artificial or synthetic.
- k. Food additives have to be checked by Food Standards Australia.
- l. Only foods that come from other countries have to have a 'Country of Origin' label.
- m. 'Product of Australia' and 'Made in Australia' mean the same thing.
- n. If a food has passed its 'Best Before' date you should throw it away.
- o. Foods that have passed their 'Use By' date must not be eaten or sold.

**Curriculum Links:**

**Health and Physical Education**

**Years 7 and 8:** Plan and use health strategies and resources to enhance the health, safety and wellbeing of their communities.

**Year 9:** Plan, implement and critique strategies to enhance the health, safety and wellbeing of their communities.

**SUGGESTED LUNCHTIME ACTIVITIES**

- Bake or make something delicious to eat!
- Go for a walk.
- Call or Facetime a friend.

**ADVICE FOR PARENTS/GUARDIANS REGARDING YOUTUBE LINKS**

While YouTube offers some excellent learning resources and we offer suggested links in this material, Kids News cannot guarantee the type of advertisements that will pop up while you are watching these clips.

Please only allow your child to watch the suggested clips with supervision so that you can prevent them seeing the advertisements that are not age appropriate.

**NOTE FOR PARENTS/GUARDIANS**

These free activities are written by qualified, practising teachers in accordance with/with reference to the Australian National Curriculum 2020 and are intended to be used as a guide for parents.



**TODAY'S STORIES**

- 1. Earthquakes signal Iceland's volcanoes are waking up.**
- 2. Go on a virtual safari to see the wild animals at Australia's zoos.**